



Strides of Hope Social Media Tipsheet

Create your own message or use a message like the one below, to help us build awareness and reduce the stigma associated with schizophrenia!

The Schizophrenia Society of Alberta is honoring World Schizophrenia Day on May 24th. Join me in supporting the vital work they do! In Alberta alone, about 47,000 individuals are living with schizophrenia, and face discrimination and stigma daily. This hinders their ability to access employment, housing, and to seek essential support. Let's work together to end the stigma and create an inclusive and caring community for all.
#WorldSchizophreniaDay #SSAStridesofHope

Be sure to tag us on social media:

- X - @SchizophreniaAB
- Facebook - @SchizophreniaSocietyofAlberta
- Instagram - @Schizophrenia.Society.Alberta

Hashtags: #WorldSchizophreniaDay #SSAStridesofHope